Psychiatric Libraries Co-operative Scheme

PLCS

Providing document supply services to mental health professionals across the United Kingdom

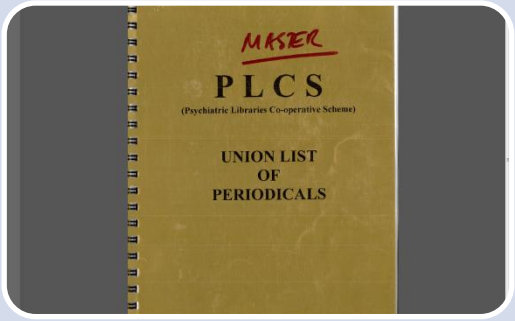
RC PSYCH
ROYAL COLLEGE OF PSYCHIATRISTS

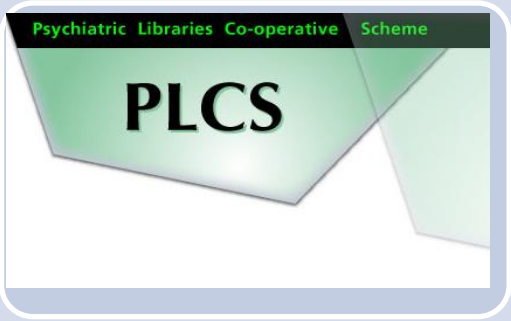
Collaborative Working in Mental Health – a PLCS perspective

Mental Health Librarians Xtra , Leeds

16th May 2016

PLCS - a potted history





"to offer support, share resources on a reciprocal basis, and as a meeting venue for librarians working in small libraries within asylums"

16th edition of the 'Union List of Periodicals'

108 mental health libraries in the UK

2006 – Website is launched

Developed by Suffolk Support Services modelling it on the EDEN document supply scheme in Eastern Region

PLCS Today

- 70 organisations - annual subscription fee of £120 per organisation, regardless of the number of site libraries
- UK wide
- Cross sectoral:
  - NHS
  - Higher Education
  - Special Libraries (RCPsych, Society of Analytical Psychology)
  - Charities (MIND)
- Formal Affiliation with the Royal College of Psychiatrists to improve governance

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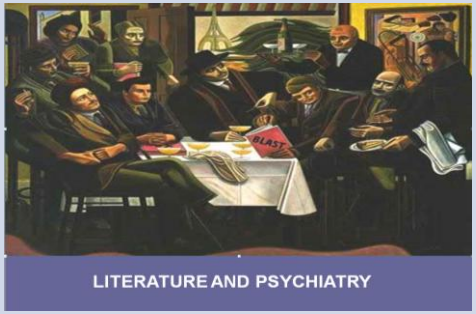
Beyond ILL – CPD events

2012

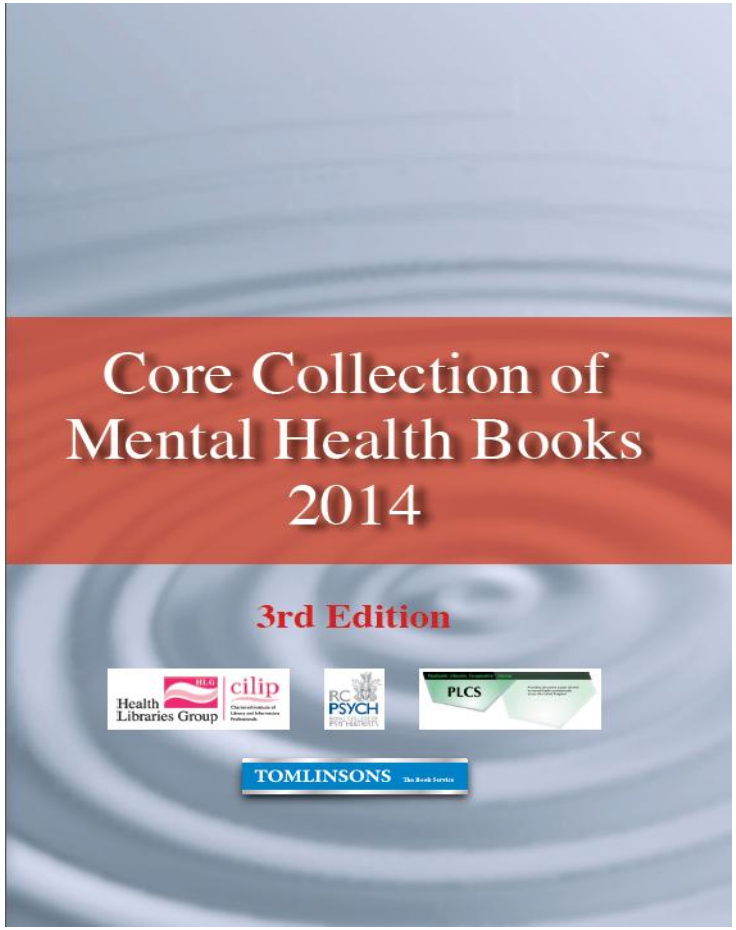
	Remembering Paul Valentine
	Dr Alan Beveridge, Consultant Psychiatrist, Queen Margaret Hospital, Dunfermline
	Cinemeducation: films clubs in mental health John Loy, Avon & Wiltshire MHT
the Kintampo project Improving Mental Health in Ghana	Andrew Simpson, Hampshire Healthcare Library Service & Dr Gwyn Grout, Independent Consultant Nurse

2014

THE READING AGENCY	**Debbie Hicks, Director of Research** **Books on Prescription**
SLaM recovery college hope • control • opportunity	**Mark Dalgarno,** *Recovery Lecturer and Practitioner,* **Kirsty Giles,** *Recovery College Manager, and* **Tony Holmes,** *Recovery Administrator, South London & Maudsley NHS Trust*
mind for better mental health	*Making mental health information accessible* – **Sam Challis**, *Information Manager*
Unconference session	Example themes: book groups, e-books,

Unconference
Interesting
Networking
Ideas
Enjoyable
Updating
Suggestions
Enthusiasm
Contacts
Signposting

Core Collections in Mental Health



- Anxiety Disorders -

Anxiety Disorders and Phobias: A Cognitive Perspective 15th Anniversary edition
Beck, Aaron T.; Emery, Gary; Greenberg, Ruth L.
Basic Books
9780465005871 Paperback
£13.99 2005

Anxiety Disorders: A Guide for Integrating Psychopharmacology and Psychotherapy
Stahl, Stephen M.; Moore, Bret A.
Routledge
9780415509831 Paperback
£28.99 2013

CBT for Anxiety Disorders: A Practitioner Book
Simos, Gregoris S.; Hofmann, Stefan G.
Wiley-Blackwell
9780470975527 Hardback
£65.00 2013

Cognitive Therapy of Anxiety: A Practice Manual and Conceptual Guide
Wells, Adrian
John Wiley & Sons Ltd
9780471964742 Hardback
£133.00 1997

Complete CBT Guide for Anxiety, The
Shafran, Roz; Brosan, Lee; Cooper, Peter J.
Robinson Publishing
9781849018968 Paperback
£14.99 2013

The PLCS Committee

- Hélène Gorring – Birmingham & Solihull MHT (Chair)
- Beverley Berry – Royal College of Psychiatrists
- David Abdy – St Andrews, Northampton (Website)
- Lucy Reid – South London & Maudsley (Secretary)
- Sarah Maddock – Oxford Health NHS FT
- Olwen Revill - South West London and St George's Mental Health NHS Trust

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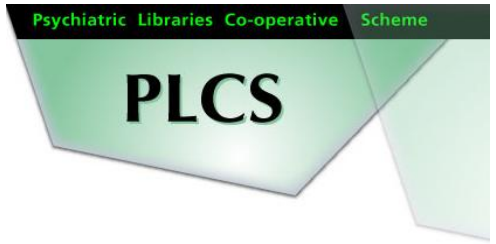
PLCS Survey results

- Total number of respondents – 51 (c75% of membership)

PLCS website. We would like to provide a homepage which expands on what PLCS is and does, rather than going straight to the ILL interface. A possibility would be to provide a brief thumbnail sketch about each library service, highlighting particular areas of interest and /or expertise, eg

Weatherfield Mental Health Trust Library Service. Working across two sites our team of four provide services to a largely urban population. Specialities include drug & alcohol, forensic and mother & baby unit. 2015 saw us begin a clinical librarian pilot.

- 62% indicated that they were interested in developing Library profiles



PLCS Survey results

Sharing best practice

There is the potential for a repository of case studies of examples of successful initiatives or services to be hosted on the website. Examples could include recovery colleges, film club.

- 66% indicated that they were interested in this enhancement and that they would be willing to share a case study

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PLCS Survey results

CPD, continuing professional development

There is a lot of knowledge and expertise within the PLCS network, and we would like to make it easier for members to tap into that. Possibilities include:

Job shadowing – spending time with somebody from another service **(96% interested)**

Library visits – seeing how services are provided at another location **(97% interested)**

Sharing knowledge and experience – either via e-mail or over the phone if visits are not possible **(100% interested)**

Conference

We aim to run a one day, free-to-members conference every two years, likely in London as support from the Royal College of Psychiatrists provides us with a suitable venue. This is traditionally a combination of speakers and workshops, though the format is very fluid.

- **Only 31% of respondents had attended in the past, but 66% indicated they would be likely to attend in the future. June-July was the most popular time of year.**
- **Topics of interest - clinical librarians in mental health; current awareness; Workshops on: social media; revalidation; health and wellbeing including reading groups; e-resources including discovery and point-of-care tools; research repositories**

Webinars

Using webinars to deliver training and awareness sessions enable staff to participate while minimising time away from the workplace and avoiding travel costs.

- **77% of respondents indicated that they would be interested in participating in a webinar**

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For discussion

- Collaboration between North West MH Library group and PLCS committee

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