



The Professional Doctorate

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The journey from imposter syndrome to inner smile



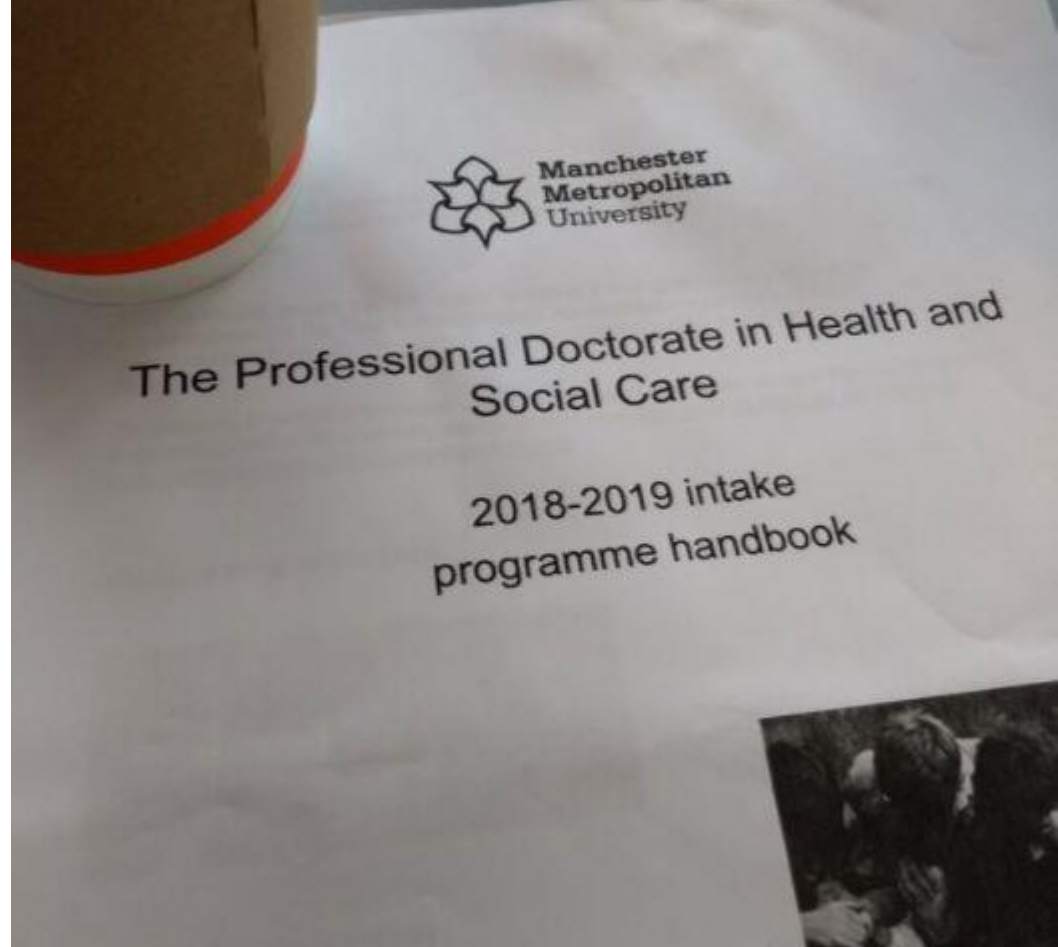
What is it?

- It's like a PhD, in that you carry out a piece of research and submit a thesis
- It's for practitioners
- It aims to make a significant contribution to practice
- It includes a taught element as well as the research bit
- It's usually part time



The Nitty Gritty

- Professional Doctorate in Health and Social Care
- Six years part time
- Six taught modules
- Six fellow students in my cohort
- £2164 per year in fees
- 25% financial support from HCLU / HEE
- 25% study leave from LTHTR
- Three days of teaching per module



Imposter Syndrome





Inner Smile

Prof Doc Top Tips!

- Find your space
- Decide on your agenda
- Use a scratch pad
- Put your phone in another room
- Find someone to share with



Questions?

