



How ELHT LKS has worked collaboratively to engage with Public Health and ELHT Health and Wellbeing, including embedding and facilitating outreach

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How it first started





What have we done?

NHS

NHS Trust

East Lancashire Hospitals





What have we done?

Attended a week of H&W events, Health Libraries Week, Competitions, Twitter marketing







#HIW2019 #booksonprescription #readingwell All set up - don't forget it's your last chance to enter our FREE competition to win £10 WHsmith voucher and goody bag. @EastLancsHosp @ELHTEdDev @bazzie1967 @ELHTresearch @ELHT_QI @elht_audit @ELHTBankStaff @ELHTresearch

East Lancashire Hospitals

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11:48 AM - Jul 5, 2019 - Twitter Web Client

Shared our story on the <u>FAB NHS news</u> website Created a Health & Wellbeing page on our <u>library website</u>









FREE Massages

Free massages delivered across the sites...

29th October 2019 BGTH Mackenzie Library

To book an appointment email: Wellteam@elht.nhs.uk

Relaxing the muscles in the neck, shoulders, head and back and alleviating tension in these areas, helps to reduce pain and improves joint mobility. When there is built-up tension in the head, neck, shoulders and upper back, it can often lead to headaches and/ or migraines.

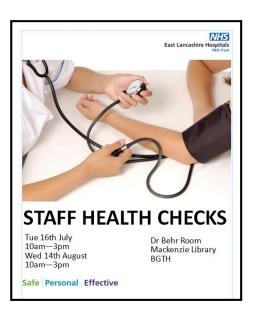




rary space has

East Lancashire Hospitals

Library space has been used to host Trust Health & Wellbeing Events







Future Plans

 BwD currently creating a leaflet on Accessing Library Services Whilst in Hospital.

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 Patients will be able to join the public library whilst in hospital – facilitated by the ELHT Library (e.g. we deliver their library card, number to them, demo the online services and how to access them (??) not confirmed as yet



 Get ELHT volunteers on board to market public library to patients – show how to access online library services e.g BorrowBox, eMagazines



 Continue to support ELHT Well Service - provide a space for events etc.