



Greater Manchester
Mental Health
NHS Foundation Trust

Developing a Digital Mental Health Current Awareness Bulletin

Naomi Hall

Naomi.Hall@gmmh.nhs.uk



Improving Lives

Why?

- Mental Health Topol Review report
- Digital Strategy Group
- CAMHS Digital
- Not seen elsewhere



Approach

- Knowledge for Healthcare best practice
- Advice from International Clinical Librarian Conference
- Short and easy to navigate



How?

- ½ page summary with links to news
- Recent journal articles, split into subheadings
- Produced every 2-3 months

Digital Mental Health
Current Awareness Bulletin
January 2019

NHS
Greater Manchester
Mental Health
NHS Foundation Trust

HIGHLIGHTS

7 trends in digital mental health for 2020 have been identified by the [Psychiatric Times](#). Several are addressed in recent research, such as user engagement (Linardon and Fuller-Tyszkiewicz; Rathanyake et al) and the need for new technologies and apps to be evidence-based (Wasil et al). The privacy of health data is another trend mentioned and a [survey](#) of around 2000 UK adults found that 59% of them would trust the NHS to use their personal data ethically, which was higher than any of the other organisations they were asked about.

Marshall et al discuss difficulties in the regulation of mobile mental health apps. [NHSX](#) is planning to address some of these difficulties by developing an NHS-recognised Digital Health Technology standard and to streamline the review process for new digital health apps and innovations. Pudukollu and Marques suggest that more evidence is also needed about the outcomes from the use of mobile apps and technologies.

RECENT PUBLICATIONS

Systematic reviews and Meta-analyses

[A systematic review of electronic assistive technology within supporting living environments for people with dementia](#) - Daly Lynn, J. et al
Dementia: The International Journal of Social Research and Practice; Nov 2019; vol. 18 (no. 7-8); p. 2371-2435

[Free Access with OpenAthens](#)

[Suicide prevention using self-guided digital interventions: a systematic review and meta-analysis of randomised controlled trials](#) - Torok, M. et al
The Lancet Digital Health; Jan 2020; vol. 2.1; p. 25-36

[Free Access](#)

Issues

- Choosing which subheadings to use
- Getting feedback from users
- Measuring impact



Impact



Greater Manchester
Mental Health
NHS Foundation Trust

“From my perspective, I do find it useful and there are some good links to articles that I wouldn’t otherwise have been aware of... - the work you do saves me lots of time.”



Improving Lives

Over To You



Greater Manchester
Mental Health
NHS Foundation Trust



Improving Lives



Greater Manchester
Mental Health
NHS Foundation Trust

How would you go about getting feedback?



Improving Lives